

Safety Update

Ohio BWC Library

Public Employer Recordkeeping Update

The Public Employment Risk Reduction Program (PERRP) recently amended the injury and illness recordkeeping rules for Ohio public employers. [PERRP](#) ensures Ohio public employers provide their employees with a safe and healthful workplace. In public sector (state and local government) workplaces, PERRP has the jurisdictional authority for enforcement of all adopted occupational safety and health standards. The Occupational Safety and Health Administration (**OSHA**) **has no enforcement jurisdiction in public sector workplaces**. This includes injury and illness recordkeeping requirements. **PERRP has not adopted the OSHA recordkeeping rules in Part 1904**. Instead the [Ohio Revised Code \(ORC\) §4167.11](#) requires Ohio to have specific recordkeeping rules for public employers. You can find the PERRP injury and illness recordkeeping rules in [OAC §4167-6](#). Those rules include [Ohio specific forms](#) and [instructions](#).

The [OAC §4167-6](#) amendment has several revisions that include:

- An exemption for public employers with five or fewer employees who do not have any recordable injuries from submitting the annual summary of work-related injuries and illnesses (PERRP 300AP);
- Clarification that the highest ranking authority or management official for each public employer is responsible for certifying the PERRP 300AP;
- A requirement that selected public employers must complete the Survey of Occupational Injuries and Illnesses from the Bureau of Labor Statistics (BLS), United States Department of Labor. This requirement will only apply to those public employers that receive a notification letter from the BLS;
- The elimination of duplicate and potentially confusing language.

Public employers must submit their 2016 300AP to PERRP on or before Feb. 1, 2017. You can submit the 300AP [electronically](#) through the BWC website. The PERRP recordkeeping web page has more information on this requirement: <https://www.bwc.ohio.gov/employer/programs/safety/SandHPERRPDetails2.asp>.

Contact PERRP now via email at PERRPRequests@bwc.state.oh.us to register for a WebEx recordkeeping overview for public employers on Jan. 11, 2017.

NIOSH/CDC News

Roadway Workplace Safety Infographic

This [infographic](#) from the Centers for Disease Control (CDC) has information on the numbers and costs of workplace accidents as well as links to more information.

Recent Research on Cigarette Smoking

The CDC released several reports on cigarette smoking through its Morbidity and Mortality Weekly Reports. The Vital Signs report and [summary document](#) discuss the 12 types of cancer that tobacco use causes and the cancer rates caused by this use. The results found that an average of 660,000 people were diagnosed with tobacco-related cancer from 2009-2014.

The other [report](#) assessed national estimates of the numbers of cigarette smokers in the U.S. from 2005-2015. Overall numbers have declined during those years from 20.9 percent to 15.1 percent of U.S. adults.

Flu Activity in the U.S.

The winter months are the primary flu season. To keep up on where the flu is active, you can visit the [CDC Flu Activity and Surveillance website](#). The website has interactive maps and a weekly summary of flu activity. Know when flu is active in your area or an area you visit with this handy tool.

Cold Weather Guide

Cold weather has finally set in. The CDC offers [guidance](#) to help you prepare for extreme cold including what to do before, during and after a storm and tips on how to stay healthy.

Behind the Wheel at Work

The December issue of [Behind the Wheel at Work](#) is available from the CDC. This issue has information on the upcoming agenda of the Center for Motor Vehicles, crash prevention for law enforcement and how to find and interpret motor vehicle crash data.

OSHA News

New Construction Safety Document

OSHA has released [Recommended Practices for Safety and Health Programs in Construction](#). The document's goal is to assist contractors preventing work-related injuries, illnesses and deaths. The document includes information on:

- Hazard identification;
- Prevention and control;
- Education and training;
- The evaluation and improvement of safety programs.

Plan. Equip. Train.

If you work outside or have to travel in winter weather, this [website](#) from OSHA can help you find information on cold stress, preparedness, and hazards and precautions. Information such as preventing slips on snow and ice and removing snow from rooftops can help you stay safe and healthy this winter.

Other News

A Healthcare Provider's Guide to Firefighter Physicals

The International Association of Fire Chiefs has created [this document](#) for primary care providers. The guide can help physicians evaluate and treat firefighters. You can print the document and take it to a physician. It includes a checklist with details about the unique physical risks of the job of firefighting.

Anti Retaliation Infographic

The American Association of Safety Engineers produced this [infographic](#) to assist employers in understanding OSHA's anti-retaliation laws. This new provision, part of the [workplace injury tracking rule](#), took effect in December 2016. It prohibits employers from discriminating against employees who report an injury.

ISEA Protection Update

The International Safety Equipment Association (ISEA) publishes a quarterly newsletter that the National Safety Council's website posts. The [most recent newsletter](#) contains articles on outerwear and footwear for winter, placement of sensors and updates on ISEA standards.

Sleep Deprivation and Driving

The American Automobile Association (AAA) Foundation for Traffic [Safety released the results of a study](#) of sleep deprivation and driving. The main take-away from the study is that less than seven hours of sleep can have dangerous consequences for your ability to drive safely. Missing just two to three hours of sleep more than quadrupled the risk of a crash compared to non-sleep deprived drivers.

Weight Management and Effect on Health

A recent study performed by the University of Nebraska Medical Center on data from the University of Minnesota's weight-management programs showed the program reduced health-care expenditures. In addition, it improved the quality of life of participants. Read the study abstract from the article published in the November Journal of Occupational and Environmental Medicine [here](#) and an article about the study [here](#).

Winter Driving Videos

The AAA has a series of [safe winter driving videos](#) you can view for free from your computer. Topics include winterizing your car, safe winter driving, car care checklist and snow removal.

Safety Climate Workbook for Construction

The Center for Construction Research and Training (CPWR) [has a newly updated workbook](#) produced as part of its Safety Culture and Climate in Construction Workshop. The updated workbook *Strengthening Jobsite Safety Climate by Using and Improving Leading Indicators* contains a new safety-climate assessment tool. You can use this tool to improve safety climate on your construction jobsites.

Working in Cold Weather

This [hazard alert](#) from CPWR contains information on the health risks and symptoms of cold-related illnesses and three steps you can take to protect yourself.

Heimlich Maneuver

Dr. Henry Heimlich, inventor of the Heimlich maneuver used to assist a person who is choking, recently died at age 96. Do you know how to do this lifesaving procedure? This [video](#) shows how to save the life of a conscious person who is choking.

Please contact the library@bwc.state.oh.us or 614-466-7388 for more information on any of these items.